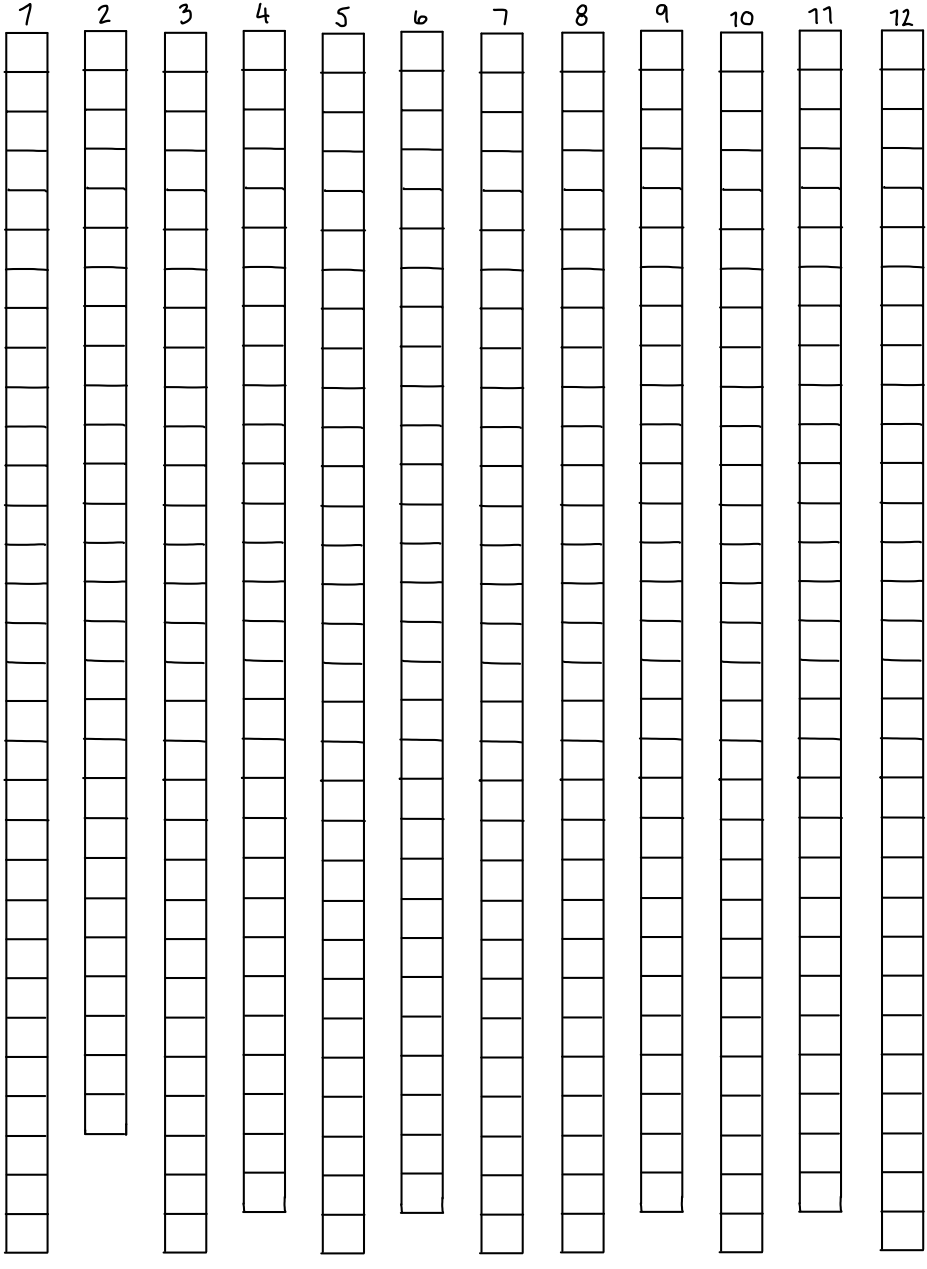a year of anything