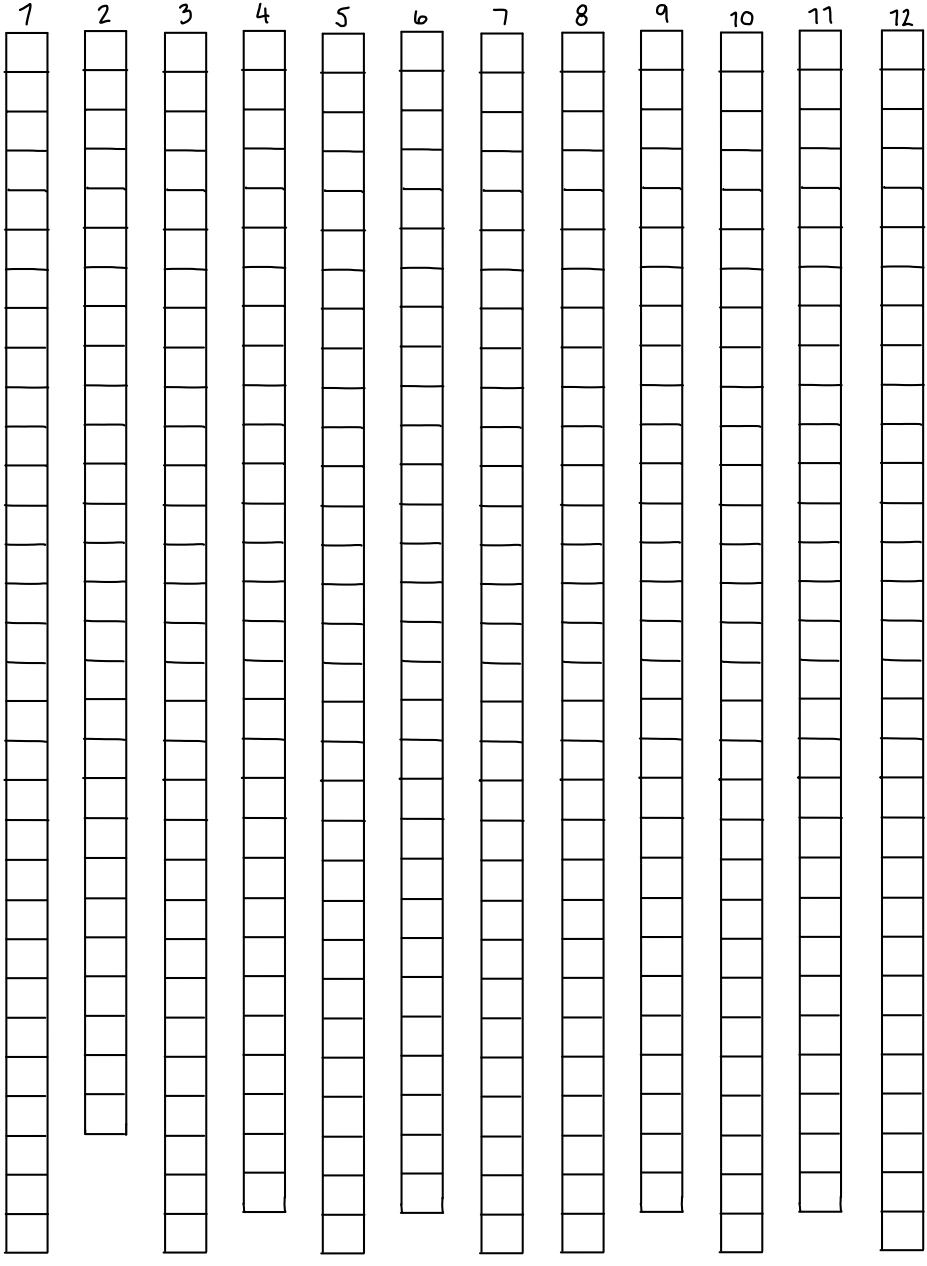a year of